

10 Ways Kids Can Save Energy!

1. **Click!** When you leave a room in your house, be sure to turn off the lights.
2. **Brush!** When you're brushing your teeth, don't turn on the water until you need it.
3. **Bzzzz!** Unplug all electronics (like laptops and video games) when you aren't using them.
4. **Growl!** When your tummy is rumbling, don't stand staring at an open fridge. Grab a snack from the pantry – or ask an adult to help.
5. **Whoosh!** Help clean up after your snack by washing your plate and cup in sudsy water in your sink instead of using energy-consuming dishwasher.
6. **Zap!** Use toys and electronics that work with rechargeable batteries. You can ask your parents to buy them next time you're at the store.
7. **Snip!** Offer to help your parents or neighbors with yardwork. In the summer, suggest using a rotary lawn mower to cut the grass. (That's one that doesn't use gas or electricity.) In the fall, rake up leaves instead of using a leaf blower. You may even rake up some extra change for your piggy bank.
8. **Brrrr!** When it gets super hot outside, don't rush to the thermostat to lower the temperature inside your house. If your house has ceiling fans, turn on those on instead. If not, use fans that plug in. When you are cold in the winter, put on layers of clothes like sweaters, socks and sweatshirts.
9. **Clink!** Recycle paper, glass, plastic and other items at your home and school.
10. **Blab!** Learn about and practice ways to save energy. Then share what you have learned with your parents, grandparents, or caregivers, as well as brothers and sisters, friends and everyone you know.

